

5th Anniversary Celebration SATURDAY, DECEMBER 7, 2013

6pm -12am

Nigerian Community Conference Center 8310 W. Appleton Ave., Milw. 53218

www.ourmawa.org



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would like to Congratulate MAWA on your 5th year Anniversary. We support MAWA's efforts in empowering women and building communities.

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Thank you for supporting us as we celebrate our 5-year anniversary. As proud members of the Milwaukee community we continue our mission to support and empower African women and women of African descent along with their families.



To support, empower and enrich the lives of women of African descent in the Milwaukee metropolitan area by providing education, training, networking opportunities and resources.

To enhance the well being of the women, their families and the communities they live in.

To foster relationships between people in our global village.

www. ourmawa.org





MILWAUKEE AFRICAN WOMEN'S ASSOCIATION

Past & Present

In the last few years, the Milwaukee African Women's Association, (MAWA) has organized an annual healthy family picnic catering to the large community of Africans and friends of Africa in Milwaukee. The focus of the picnic is to provide health and wellness information, to educate the community about African culture and to promote healthy African food choices to participants. This event has been funded through donations and partnerships with health organizations such as Molina Healthcare, UW-Milwaukee School of Nursing and the Department of Health Services. Additionally MAWA has created an adult literacy program in partnership with the Pan African Community Association (PACA) to assist newly arrived African immigrants and refugees in the Milwaukee area with adapting to their new environment. The program includes teaching English as a second language,

providing home visitations and counseling the women on American culture, maintaining a home and how to navigate through their daily activities. The program is run by MAWA members but seeks the assistance of community volunteers. MAWA supports other organizations that champion health initiatives that affect African women in the community by organizing fundraising events such as the African fashion show that raised funds for the American Cancer Society. MAWA has participated in the annual fundraising walks for the Susan G. Komen Foundation for Breast Cancer Research. MAWA volunteers and has assisted in cultural awareness events such as the annual International Women's Day events in collaboration with the Muslim Women's Coalition, Hmong Women's Association, women's division of the Milwaukee Jewish Federation and others. We have organized diversity and cross-cultural learning events with such organizations as the Wisconsin Black Historical Society/Museum to educate the community through African cooking classes. clothing and fashion demonstrations, and geography and history presentations. MAWA also organizes fundraising events to serve the African community needs. Examples of such needs are those of individuals who have lost close family members and need financial assistance with burial expenses, funds to transport the deceased to their respective country of origin, assistance for medical needs and other personal needs. MAWA has also provided assistance for small business owners seeking assistance with growing their businesses.



The vision of the Milwaukee African Women's Association is to be a resource to African women and women of African descent in the Milwaukee area. MAWA's mission is to educate, support and empower these women. In order to accomplish the mission, the future activities of the organization will focus on providing structured programs and activities that focus on African women's health issues, educating African women and girls and empowering women to financial independence. The programs will include organizing successful events such as the African healthy family picnic that brings together a rich variety of health providers in the community, organizing finance seminars that educate and empower African women to improve their financial prowess. Cultural events will focus on the richness of the African culture and therefore help to provide much needed knowledge about this diverse culture in our Milwaukee community. MAWA will also continue to support the newly arrived African refugees through the adult literacy program.











Keynote Speaker



Lyombe Eko is associate professor and Director of Graduate Studies at the University of Iowa School of Journalism and Mass Communication. He is also co-Director of the African Studies Program at the University of Iowa. He has also taught at the University of Maine. Before his academic career, he was a television program producer and translator at the African Broadcasting Union (URTNA) in Nairobi, Kenya, and CRTV, in Yaounde, Cameroon.

Soppo Likoko Bridge Project





This Project is a collaborative effort that will give people who live in the Soppo Likoko Village access to much needed health care services. Currently, there is a river that disconnects villagers from a nearby health care facility and the goal of the project is to have a bridge built that allows people and small vehicles to cross safely. The project is being undertaken by our sister group The **Cream City (WI) Chapter of The Links, Incorporated**, the Engineers Without Borders Chapter of the University of Illinois at Urbana-Champaign, Global Health Dialogue in Buea, Cameroon, as well as other local, national and international stakeholders. Through ticket sales and contributions, MAWA will donate funds towards this project. **www.ourmawa.org/donate**

Event Program

Menu

The tasty meal you will enjoy tonight is representative of dishes from East & West Africa. Typical African dishes are varied and rich in dietary fiber and are often made with organic ingredients easily found throughout the continent. These savory and sometimes-spicy recipes have been passed down orally from generation to generation with young girls learning to cook at an early age.

Tonight some of the dishes representative of West Africa are Egusi sauce made with ground pumpkin seeds and spinach, Joloff Rice and plantain. From East Africa we have a spiced Indian influenced rice called Pilau, with a chicken curry and an accompanying fresh tomato and onion salad called Kachumbari. Dessert includes a sweet West African doughnut called Puff Puff and the meal can be complemented with your choice of Ginger juice and Bissap (hibiscus flower juice).

Special thanks for the food donations from Mr. Ernesto Villareal Owner of Supermercado El Rey (www. elreyfoods.com) and the additional Desserts donated by Chef Dolce Burns from World Burns.

Congratulations MAWA

on 5 Years of Dedicated Service to the Community





Cream City (WI) Chapter







Dr. Margaret Khumbah Mbeseha,

Founder and CEO of Nwankem Benevolent Foundation Organization-USA, and proprietress of St Rita Foundation Nursery and Primary Inclusive School, Buea Cameroon congratulates the Milwaukee African Women Association (MAWA) on the occasion of their 5th anniversary.

I am excited to see this fantastic organization I have had the privilege of working with, go on to celebrate its 5th anniversary with the determination to making our community a better place. Choosing to support the construction of a permanent bridge in Soppo Likoko, a village in Cameroon, Central Africa is a testimony of your commitment to drive social change for a better quality of life in our communities.

I highly recognize your organization's innovation in your daily operations and your outstanding leadership. I know that your organization will continue to achieve bigger and better things, and most importantly, keep making positive change in our communities.

Congratulations





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Congratulates

MAWA on its 5 yr Anniversary and expresses sincere gratitude for MAWA's involvemnt with the development project in Soppo Likoko in Cameroon.

Prince Fike Monono President Fako America -USA







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MAWA would sincerely like to express their appreciation to the following for their donations and efforts towards this event:

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